

*Messages for a  
Morphing World*



*Serapis Bey, Michael, and  
Colleagues 2024*

# Messages for a Morphing World

Serapis Bey, Michael, and Colleagues 2024

**All rights reserved.** No part of this book may be used or reproduced in any manner without advance written permission from the author and publisher.

eBook PDF

© 2024 Laurie Bonser

## **INTRODUCTION**

*Transforming culture, perspectives, paradigms, habits, communications, and subsequent actions is not an easy process...to accomplish or to navigate. The following pages are here to offer some uplifting reminders and focus points for every being in human form right now.*

*Regardless of your journey, background, missions, preferences, viewpoints, or physical circumstances, everyone can benefit from some extra support and validation as unique souls existing together at this time for an epic experience during a continually shifting Earth transition.*

*As individual souls develop independently and come together collectively to create a unified future with planet Earth, the more each person can relax into new feelings of support, security, value, opportunity, mutual respect and benefit then the collective experience will become more rewarding and fulfilling for everyone, every moment and every day.*

*Please enjoy the time to read these messages aloud to each other, to yourself, to the Earth, as intentions to connect and create. Feel and know deeply how cherished each other and each role are during the morphing and transforming of life now.*

*You are supported by so many beings from many different points of focus and expertise – but all are unified by Source Energy in the fullest and most comprehensive expressions and manifestations for truly Universal blessings and connection.*

*Serapis Bey, 2024*

# HOPE

Hope: Anticipation, aspiration, confidence, desire, expectation, optimism, endurance, expectancy, reward, utopia

Hope is an exciting time. Hope is a challenging time. Hope is a rewarding time. Hope is a passionate time.

So, you see, hope is not a passive wishing state with probabilities rated slim to none. Hope is a very active way of BEING that combines the passionate heart with both the focused mental intention and the universal connections. All three must be applied and finessed to fully create. It is the inclusion of universal connections and perspectives that raise creations to the highest and best standard...and that is what will be possible in the coming years for Earth and other societies as you so choose.

Changing systems, policies, procedures, governance, organizations, cooperation, collaboration, collective successes, and individual fulfillment begins with each unique soul...your own experiences, contributions, levels of proficiency, and commitment to personal development and empowerment. The chain is only as strong as each individual link, so it is not only a rewarding healthy choice to spend time in self-exploration, but it is wholly necessary for the good of the community. Strong, balanced, loving, connected individuals radiate beautiful qualities and offerings to the communal creations. It is a magnificent process with extraordinary outcomes.

You've had the universal messages of support, encouragement, a bit of tough love, and exhortation to dive deeper and more openly into the true potentials of humanity. If you've been listening before, or are tuning in now, you are in the

powerful space of miracles, new possibilities, easier creating, and so much more. For those having a focus elsewhere, leave them to their personal journeys and maintain a laser focus on your own intuitions, intentions, deep peace, and connections.

Don't get distracted by choosing to be and act in ways that are energetically out of sync with your vision. This is the main challenge for everyone right now...pay close attention to **all** your choices, communications, interactions. Be truly aware of whether you are energetically contributing to positive high vibrational creations or are inadvertently sabotaging, diluting, disempowering, derailing/, or throttling your intended outcomes with improperly applied energies.

You have legions of support and knowledge all around you to assist in navigating these significant changes that are happening and will continue to develop during the next years. Be curious, receptive, reflective, and welcoming of these highest and best connections...and know deeply and securely that you are an incredible soul participating in incredible creations at this incredible time of evolution for humanity and for Earth.

With blessings and gratitude ~

Serapis Bey

## VARIETY

“Variety is the spice of life,” so goes the quote used by many. Variety offers different ways to explore and manifest the life experiences you seek and want to ‘try on.’ Once you’ve had your fill of a particular experience, there’s no need to continue repeating it in the same way over the years (unless it is truly, truly your ultimate heart’s desire that exceeds all others). One experience does not define who you are, who you will be, what you are capable of, or how you are to be valued.

Every being is creating their experiences all the time, and is choosing how to respond to the experiences...” I really love this,” or “I enjoyed this but am ready to move on,” or “I do not like this and want a different reality,” or “What other options can I seek to fulfill another wish?”

Everyone around you is exploring, testing, experimenting, absorbing, and integrating their own experiences. Some of those outward expressions may or may not ‘jive with your vibe’ for one reason or another from your viewpoint. Perhaps none of their perspective makes sense, or perhaps one percent makes some sense, or perhaps there’s more overlap than you previously imagined. They have the free will right to make their decisions or express their opinions, and likewise you have the free will right to participate or not, in part or in full.

But remembering that all manifestations and variety are valid parts of creating - and valid explorations -will help you feel the energetic similarities and possibilities for stretching and strengthening your own choice capabilities. There’s no ‘either/or’ duality in the Universe, simply a continual cycle or loop

of possible outcomes along a sliding spectrum of options. And this continual flow of energy and options is what allows for unlimited creating and creations.

With you in exploring ~

Serapis Bey

## SHINE

You are here to shine. Whether from the cab of a truck, the front of a classroom, a home or commercial kitchen, on the office phone, coordinating a project, caring for family and friends, maintaining the roadways, or any variation of all the roles you affiliate with. Your presence is universally noted and applauded, whether you have so far realized this or will now take a moment to recognize your value right now.

Every role and job you undertake is an opportunity both for your own experimenting and for connecting with other beings. Please genuinely receive the gratitude of others who thank you, appreciate you, and acknowledge your presence and contributions. Please genuinely thank, appreciate, and acknowledge yourself in the privacy of your own space.

Drop off and walk away from any idea that there is a hierarchy of value in jobs and roles. In the scheme of the Universe and indeed the planet Earth, everything is energy in terms of flow, intention, contribution, creating, and meaning. Every being plays all roles, at one time or another. Every being puts their own unique 'twist' on a role and its purpose and impact.

Please feel supported and empowered to genuinely, securely, and graciously express your personal shine wherever you find yourself. Life is made up of individual moments, individual encounters, and individual interactions. Make a choice to fill your days with dozens, hundreds, or even thousands of such intentional, meaningful moments.



And spend your waking and sleeping moment reflecting on these moments, so you will naturally continue to attract and participate in even more each and every day...and indeed throughout human life and beyond.

Thank you for shining ~

Serapis Bey

## FLY HIGH

It's an easy habit or misdirection to become overly focused on human life details and decisions sometimes, and while doing so lose track of your much larger goals, priorities, and missions. Set aside some incredibly valuable moments to fly up 10,000 or 30,000 or 100,000 feet or more to remind yourself of the awe-filled, inspirational, uplifting view to your purpose and happiness existing within your physical life on this incredible planet.

Each opportunity you thoughtfully take to consider a different perspective, dream of new creations, shift your vibration to a previously unconsidered option, or invite in new blessings and connections will help you remain more balanced, strong, and hopeful. Believe in the power of your simply BEING an unlimited soul, completely unrelated to whatever actions you may undertake, whatever perceptions you may feel from others, and whatever past stories and details you may have relied on before.

I'm here to support you as your champion, your team member, your compatriot, and your colleague. Please reach out any time to me and all the other vibrational souls you recognize and know intuitively. All of us (including yourself in human form) are both individually unique and collectively dedicated to the Source Energy team efforts and creations in highest and best intention. As part of this team, you have all the rights and capabilities to participate in the 'Fly High' journey...knowing and feeling unconditionally that you belong, are valued, and encouraged, and are an integral part of the universal journey and experiences.

Fly high, fly often, fly confidently, fly joyously ~

Michael

# COURAGE

Courage: Spirit, tenacity, audacity, endurance, spunk, resolution, prowess

Courage is way more than fighting, ignoring, overcoming, or destroying fear. Courage is an active choice to embody the audacity to create, the resolution to trust your own intuition, the finessed skills to accomplish specific goals, and the spirit to put love, joy, hope, and connection above all other factors in your life philosophy and actions.

Spend 98% of your time and focus on what you want to create, how you want to do it, why you are doing it, and who you want to collaborate with. The other 2% can be a periodic check-in with any external situations you may need to navigate around/through, develop new ways to communicate and connect with others who would be receptive to your offerings, and present your information, benefits, solutions, and options to those similarly engaged in desiring new outcomes.

‘Hold the line’ in your own focus and commitment to the heartfelt priorities you hold most dear. Be tenacious in your own integrity, self-discipline, and self-validation. Use your endurance to develop even more internal strength and effectiveness...and then regularly acknowledge your achievements and accomplishments! Stick with your process of contemplation, creation, and celebration!

Rejoice in your own spunk and prowess ~

Michael

## FOCUS

There are so many visions of 'focus' existing - and each intention influences and colors the outcome and impact of your choices and actions. For example, an overall focus on health and balance can sustain you continually to help consider and make decisions that build a long-term, cohesive state of being. At a different point on the spectrum, a laser focus on implementing a particular change or experiment will give you the necessary short-term energy and endurance to meet those opportunities.

All along this focus spectrum, you have the free will choice to apply and adjust your focus every day. You have the power to switch between the types of focus to find the most effective and meaningful for your intention. Trust and empower yourself to sense and follow the cycles naturally occurring in your life, so you can make choices matching those supporting vibrations. Working in the flow means greater success, ease of being, attraction to collaborators, and much more.

This vital part of wisdom is yours to develop and use very powerfully. Mediate on your most precious intentions and tune into your personal cycles, and those of the natural world around you. 'Take the time it takes' to better absorb and understand how such awareness and sensitivity can immediately benefit you daily in service to yourself and to others.

In wisdom and support ~

Athena

# FLOW

In my human form I set myself up to learn much about flow...ebb and flow, torrential flows, peaceful flows, expansion flows, carving flows, dissolving flows, abundance flows.

Each flow has its purpose, its benefits, its seeming drawbacks sometimes, its creative powers. Learning to be aware of my own flows, those around me generating in nature and in other humans, and the overall cosmic cycles was such an amazingly significant lesson.

I share this with you to encourage and support you in taking regular conscious time to encounter all these flows – and consider the importance of each in your own life. It is not an overstatement to place the importance of flow at the top of life priorities, especially at this incredibly powerful, unsettling, expansive point in planetary history. Gaining increased awareness and mastery of flow will be invaluable to your daily life and the health of all your communities.

Working WITH flow will shift the impossible to possible, the difficult to easy, the weariness to enthusiasm, the unknown to achievable.

With much love and heartfelt support ~

Tobias

## CYCLES

Biorhythms, moon cycles, planetary movement, seasonal timing, growth processes, and so many other specific observances are all based and unified in the foundational principles of the universe and galaxies everywhere. As with the flow Tobias shared before, working with cycles and being aware of the power of those energies will magnify and leverage your intentions and passionate visions for yourself and your purposes.

A little time set aside each day to read, listen, discuss, consider, mediate, and investigate some new thought that catches your attention – however briefly – is a wonderful opportunity to stretch your capacity and encourage your flexibility. Over one month, you'll have 30 new options for your toolbox...over one year, you'll have 365 new options for your toolbox...over 10 years, you'll have 3,650 new options and will need an entire figurative storage unit for organized access. Talk about creative resources and inspirations for keeping life interesting and productive!

Honor your curiosity and encourage it every moment. Nothing is impossible with the combination of curiosity, consideration, and commitment.

In powerful imagination and building ~

Anthony

## THRIVE

Much of the fear, anger, disrespect, and dis-ease swirling around the planet right now centers on the human hyper-focus on physical survival...the lack of awareness or refusal to accept that human lifespans are but one form of the everlasting soul. Consequently, there is a continual mode of fight, control, me-first, hoarding, victimhood expressions from humans of all races, economic status, background, and gender.

It's no trivial choice to embrace the 'Thrive not just survive' meme. Rather it's the most fundamental choice that each must make to move forward into community, abundance, respect, hope, and opportunity. Each individual can only account for their own choices and interactions. When YOU choose to recognize and validate yourself, you have entered the most powerful zone of creating, receiving, and connecting.

The rich, deep, renewing blood flow within the physical form not only provides for direct health and life, but also serves as a vision tool for the rest of your experiences. Inhale, absorb, receive this incredible light, color, and energy into your entire being right now. Understand yourself as a glowing, pulsing, thriving flow of deep rich energy and potential.

Choose to see yourself as healthy, capable, multi-dimensional, and honored for your presence and decision to join in with those seen and unseen who step into thriving. Accept that thriving is your birthright and has incredible power to heal and mend past ancestry and experience.

Feel in the depths of your heart and soul the opportunities you are crying out for and move forward with the strength and resilience to the promise of the reality of thriving...right now, right here, forever.

Be bold, be brave, be the soul you want to be ~

Garnet



## SHARE

Sharing is mutual nourishment. Sharing supports the recipient with food, love, information, assistance, movement, and options. Sharing supports the provider with connection, energetic flow, expansion, and integrity.

Sharing is a natural outflow in natural timing without agenda or expectation. Sharing is equally valuable and precious in all forms and volumes. And sharing is a renewing, recharging, revitalizing force each time it is invoked.

Today, be a sharing provider. Today, be a sharing recipient. Today, bask in the miracle of sharing as both healing and creating roles. For today, be aware and reflect on the precious exchange of sharing in all manifestations, in all styles, from each soul in its own special space.

Yours in sharing and rejoicing ~

Arthur

## CHANGE

Every moment is perfect. Every creation is perfect in that moment. Every change to a creation is perfect in that moment.

It may seem impossible to equate perfect with change, or perfect with any moment. But as you build your own life, it's perfectly perfect to build that life by moments of awareness and appreciation. This means your life can be filled with meaningful moments, acknowledged miracles, and recurring blessings...if you want this, and if you are willing to maintain a steadfast focus on this vision (the periodic wobbles and wonderings perfectly valid in between!)

Whenever you see the number "5" you can be reminded of the perfect timing of change - and receive the reminder to act on your personal change needs and commitments. Ask for other private signs of support and guidance that you alone will resonate with – no need to try to share or explain with others, who will certainly have their own timing and priorities to attend to.

And if you are uncertain about one change, or change in general, reach out to your inner self and all those of us who are blessed by connecting with you from anywhere, anytime. You have an entire support system available to you that is unseen and unknown by others...completely uncorruptible, uninfluenced, or biased toward anything outside your very best interests as you so choose.

Revel in your perfection and perfect change ~

Charles

## EXPECTATION

Expectation is the root of intention and creating, and the precursor to expectation is melding your heart wishes with your mind focus. Expectation can take flight when it is directed and powered by your specific commitment. Recognizing and accepting the importance of your power – and your skillful use of that power – begins the energetic chain of creating in coordination with your purpose and intention.

That's why is it so very important to devote your efforts to self-discovery, contemplation, recognition, and core motivations...because once the expectation energy train gets rolling, it may take you places you may not truly have wanted for lack of thoughtful and honest preparation. Dig deep beyond the surface of your personal wishes and desires. Get comfortable with 'why' being the core question in your vocabulary, and challenge yourself to be more precise about your internal needs, experiences, habits, feelings, and perspectives.

The 'why' questioning may take you back to that early/younger stage in our human lives when every answer still needed more explanation, more information, more meaning, more confirmation, more cohesion to allow for a relatively comfortable level of current acceptance – and that's the whole point of enabling yourself to take advantage of that curiosity and persistence!

Yours in the eternal 'why' of life and living ~

Laura

# RESPECT

'R-E-S-P-E-C-T, Find out what it means to me'... (Aretha Franklin lyrics)

What does respect mean to you...for yourself...toward others...from others? Why is it important to know the answers that work for you? And why is it important to regularly, thoughtfully review your perspectives on respect – and adjust if necessary?

Self-respect and self- value are key drivers in how you make your unique choices, and determine how you feel about those choices over time. Respect and value add balance, authenticity, energy, strength, and health to a life. Coming from a place of greater internal security and confidence allows for ongoing internal peace and well-being. There's far less chance of being pressured, manipulated, or misled into experiences that are not to your best interests.

Being in your own space of respect – quietly, genuinely, securely – offers you a regular place of comfort and allows you to communicate clearly but respectfully with others. This sense of respect generates a deep knowing and constant vibration which naturally flows into competence and sufficiency. No need for convincing, proving, defending...you ARE respect, filled with respect for yourself and all around you. You radiate your unique presence just by being yourself.

Rock on with respect~

Angel

## MENTOR

New skills require some attention and time to develop and hone. New skills keep us flexible, curious, empowered, and impactful. New skills show us how so many seemingly different subjects and manifestations are actually complementary, interconnected, and interdependent.

Mentor yourself with compassion and gentle humor to encourage continual exploration. Mentor yourself with grace and care to build confidence and strength. Mentor yourself with constancy and dedication to experience growth and revelations.

Openly receive authentic mentoring from those with a healthy service to others vibration. Gratefully absorb such mentoring in the 'pay it forward' spirit in which it is offered. Willingly open to listening and considering all information and messages that come to you during those interactions...initiated by your own intention and from those who freely support you.

Extend the same mentoring to those around you when others are receptive. Learn to better read personal energies to more accurately gauge and time your sharing. Allow open space when others are working on their own homework. Be comfortable offering silence or seeds of ideas as is most appropriate.

With respect for your genuine learning and expansion ~

Belinda

# POWER

Power is applied energy. So, the intention of that energy will determine the quality, quantity, and reception of power.

Highest and best interest application of powerful energy requires great integrity, awareness, finesse, universal connection focus, and consistent monitoring. Great care and training must be utilized to meet this standard...and to maintain the flexibility and pivoting needed to adjust for situations and participants.

Comfort with multiple options, solutions, and adjustable forms is necessary to create systems and organizations which exist to serve humanity and the planet. Efficiency and expediency cannot be the top drivers...important considerations, certainly, but not to supersede connection, balance, or core priorities.

Applied power belongs to everyone. Applied power needs to be claimed, nurtured, respected, and thoughtfully reviewed. Applied power encompasses inputs, changing needs, and authentic mind/heart melding.

Supporting your personal and shared energetic power ~

Boris

## SAVVY

Savvy: discerning, keen, experienced, wise, smooth, knowing

Savvy reflects a heart committed to balance, observation, encouragement, connection. Savvy reflects a mind committed to openness, reflection, perception, interaction.

Savvy reflects the intention of equally valued heart and mind qualities. Savvy reflects the soul who makes it their hearts desire to be unreservedly passionate AND effectively impactful.

Savvy requires the gentle skill of a light touch with impeccable timing and mutual respect.

Savvy reflects the long wisdom, patience, and consideration of a soul's experiences across lifetimes...and across dimensions. Savvy holds incredible, priceless value through its offerings and presence.

I hope you see your own magnificent savvy, as I see it in you~

Serapis Bey

## INTEGRATE

The process of integrating ourselves is ongoing, ever flowing. Integration requires continual renewal of awareness, recognition of experiences, and plenty of graceful acceptance. An integrated soul gathers increasingly deep and rich expression and comfort with all aspects of all experiences...even (especially) the seemingly trivial or embarrassing or hurtful or contradictory expressions. Allowing for those 'different' moments, in addition to the moments which uplift and inspire us, gives us the greater perspective and understanding which form the concept of 'wisdom.'

It's OK to hit the pause button sometimes on integration and give yourself the permission to just BE...to absorb, to rest, to consider, to adjust, to feel. It's OK to step back from the intensity of outside events, and your own internal expectations of what or who you should be. The cycle of activity followed by rest and rejuvenation is one of the most important natural cycles to respect.

Be mindful of the allure of the mental or emotional hyperfocus which can generate habits of continual intensity, spiritual hypocrisy, action paralysis, or energetic draining of mind/body/spirit. Instead, be dedicated to balanced integration and authentic acceptance of your value – and you will have the longer-term focus of your lifetime purpose as a counterbalance to the daily events.

Lovingly hold yourself and each change, adjustment, and growth as a top priority. Morning, noon, and night reinforce your balance and commitment to personal grace. Rejoice in every step of your integration and recognize your incredible potential for unlimited discovery. This is the fuel for your soul and for your life contributions and inner peace.



Thank you for your strength to integrate and to share that wisdom ~

Antonia

## MAGICAL

Did you know you are magical even when you don't *feel* magical? Did you know you are magical even when you doubt yourself? Did you know you are still magical even when you aren't sure you have enough energy to keep moving forward?

Magical always stays with you, and in you. And it doesn't depend on temporary feelings or passing thoughts, or even physical status. Magical is a constant throughout the universe, and a constant of opportunity and of creating.

Magical is a connection with yourself, with nature, with animals, with all those around you. Magical is the voice that cries out 'Wow,' 'Awesome,' 'Cool,' 'Yes,' 'Love it,' 'Incredible,' 'Miraculous,' 'Blessed.'

Magical laughs and smiles, hugs and high fives. Magical makes the angels laugh and smile and dance and salute you. Magical is a light, loving heart and a curious, open mind. Magical is timeless and endless and powerful.

We join you in magical life, with great happiness~

Michael

## PREPARE

Prepare yourself with constancy. Prepare yourself with commitment. Prepare yourself with humor. Prepare yourself with openness, and love, and hope, and vision.

Prepare yourself for creating, for integrating, for holding space, for receiving gifts.

Prepare yourself by meditating, communing, pondering, considering, questioning, dreaming, experimenting, and engaging.

Prepare with us through connecting, trusting, partnering, listening, sharing, and gathering. Your community or tribe or group or whatever descriptor you prefer is here, right here, right now: in your heart, your breath, your cells, your intentions. There are no boundaries or barriers or gaps you and we cannot surmount. There is no way to be separated or prevented or constrained.

Reach out with your full mind and full heart, prepared with conscious intention and energetic dedication. Any time is the right time to choose empowerment and prepared action. Any place is the right place to be authentic and honest and hopeful.

In powerful preparation with you ~

Serapis Bey

## DANCE

Dancing is not just a physical action. It is an emotional, spiritual, intentional invocation of energy...a connection with the energetic world around you...an outreach of yourself to that world...an interaction between you and the world.

So, dancing can be done in your heart, your mind, your cells, your breathing, your blood flow. And for those times when you wish to remain private, you can also still be dancing, and celebrating, and releasing, and connecting with your wishes and dreams – all while circulating meaningful energy in and around yourself.

Dance in your heart with the trees in the wind. Dance in your mind with new ideas and visions. Dance in your soul with the planet, with your soul tribe, with all your own soul manifestations throughout eternity.

Dance with the partners you wish to appear in your physical realm. Dance with the animals who teach and support you in joy. Dance with the possibilities of future change while in your present physical moments. Dance with intention to connect with opportunities and experiences that will reflect your heart's desires.

In loving movement, rhythm, and creating ~

Matilda

## SING

The heart sings in many expressions: quietly, openly, privately, hopefully, powerfully, in both harmony and in solo.

Our hearts join with yours in singing for peace, for connection, for creating, for loving, for growing, for learning. You are not alone in your singing, but your voice is also an important, unique part of the whole. You cannot be duplicated or replaced...so please respect and sing Your songs.

All singing adds dimension, perspective, considerations, alternatives, and richness to universal music. And all souls contribute to this depth, regardless of your perceived physical musical competence or credentials.

The authentic heart can never be wrong in its song, or its expression, or its sharing. We all need to hear your song and your heart wishes. Your feedback and presence are phenomenally important.

The authentic heart is always welcome and cherished for the warmth, outreach, simplicity, honesty, and thoughtfulness of its expression. Please never doubt the power and impact possible in all situations, with all beings, in all locations. The ripple effects of your songs are infinite and unlimited – even while you feel unseen or unknown during an illusion of separation.

Yours in appreciation and love and singing ~

Serapis Bey

# REJOICE

Re-joyce: Joy experienced and expressed...repeatedly and frequently!

Joy is the highest vibrational energy - full of power, gratitude, enthusiasm, hope, connection, and creating.

Joy transforms realities, self-generates health and happiness, spreads and expands instantly.

Joy connects the seemingly unconnectable, bridges the seemingly vast divide, stimulates hope and options.

Embracing joy, receiving joy, honoring joy is your birthright...always. Souls are multi-dimensional, whether in human form or other, so you can rejoice even while hurting or grieving or being confused or feeling frustrated or acknowledging anxiety.

Get out of compartmentalizing your life by one momentary label, descriptor, diagnosis, or synopsis. Life is for experiencing, absorbing, creating, and choosing. Include joy and awe and appreciation as an integral part of You!

Re-Joy-cing in You, your presence, our connection ~

Michael