The Indigo Influence

A catalyst to assist and persist

(Excerpt from E=mc8: Unified Action by Intention, Alberta Einstein/Laurie Bonser, 2025)

One of the most powerful, direct sources of vital catalyst energy and momentum is the existing concentration of a group of individuals referred to as Indigo souls – varying in ages, backgrounds, appearances, and manifestations – who are on Earth at this time specifically to assist in the human transformation and integration with different perspectives, ideas, knowledge, ways of interacting, life mission motivations, universal experiences, and creative thought patterns.

Indigo souls have appeared throughout history to keep the seeds of awareness, empowerment, and action in existence to tap as external circumstances and human intentions align to allow their application and expansion. And with the convergence of so many other supporting influences coming online stronger than ever in 2025 and forward, the Indigo Influence highlights the energetic capacity to participate in presenting, holding, and championing the personal quantum energy and skills needed to co-create the new horizons and outcomes so dearly desired now.

The energetic aura of these souls presents strongly as the Indigo Ray color – as associated with the pineal gland and third-eye chakra...a combination of the spiritual and communication levels, and an extremely strong presence in the universe/galaxy color spectrum. Sapphire codes of light law contain the ancient body of wisdom for truth and justice. Also described as 'Sacred Feminine Codes of the Triad' and 'The Trinity of Creation,' the Indigo Ray protects mitochondrial DNA (the powerhouse of a cell) and prevents corruption, contamination, and hijacking of original source power.

Indigo represents the Law of Magnetism and holds the sacred geometric codes for open loop systems – which expand and respond to life action rather than the control/linear base of closed loop systems. The blue ray expresses as a vibration of light and soul in the first prism layer of color. Qualities include trust, leadership, divine power of free will, and focused true action. Indigo contains the seeds of phenomenal growth and expansion. So, Indigo soul DNA exists to reverse the current limiting grids by rehabilitating and recoding the nervous

system and brain of our planet earth – and, by unspoken vibrational example, the perspectives of limiting human paradigms and imagination.

Indigo souls have incredible perception to see, hear, and sense the energetic vibrations of:

- Lies and transparency avoidance,
- Inconsistencies and incongruencies,
- Deceptions and deflections,
- Disingenuous and self-service motivations,
- Hidden agendas, patterns, wounds, and healing potentials (both those consciously known and unknown to the actual presenter),
- Parts of systems, processes, organizations, interactions and presentations that contain inequalities, duplicity, fundamental logic errors, and weak configurations, and
- Perhaps most importantly, the timeless, unlimited remembrance of soul potential for joy, happiness, health, peace, respect, value, and creating.

As these traits are often vibrationally uncomfortable and incompatible with many commonly accepted ways humans currently interact with each other - and within the communal setting – the Indigo souls are perceived as unconventional people who offer unexpected (read also often *unwanted*) observations and solutions, demonstrate nontraditional/non-linear work backgrounds, and are hard/impossible to classify or label for work and relational purposes.

Whether or not an individual is consciously aware of an 'Indigo Soul' affiliation is irrelevant to their inborn intense feelings of having a particular life purpose they need to accomplish, often feeling misinterpreted or dismissed as too sensitive/different/difficult/challenging/out of sync, etc. They may choose to 'go without' usual relationships, work rewards, lifestyle benefits, and social recognition in their quest to maintain core internal authenticity and focus of purpose.

Typically not interested in joining groups or established structures, the Indigo individuals are instead seeking to find their own expression and space...baffled by how others seemingly tolerate or uphold paradigms that are limiting or harmful or energetically incompatible with making things better. They are often the ones asking, "Why?", "Why not?", "How about this?", "What if we try that?", "What can we do here?", and "Why does it have to be either/or?".

They usually must find their own way of learning new skills and information, as traditional teaching methods either do not make sense to them or fail to include all the creative variables and questions that Indigo energies want to pursue to feel they fully grasp or integrate as the topics present in their minds and hearts.

All energy ray colors are needed to create full, sustainable outcomes, and this often overlooked (and undervalued) Indigo ray can complement and support the other equally foundational centers of heart, mind, emotions, grounding, and universal spiritual connection in extremely beneficial ways never experienced in recent human experience.

Perhaps you recognize something of yourself in this Indigo energy...or you may have a sense that someone else you have met could be part of this soul group? Or maybe you will soon come across an individual with these qualities for a fortuitous collaboration...a strong partner in accomplishing changes long overdue?

The key offering of this primer section here is to maintain an awareness in your own consciousness of the value and incredible timing of including such energetic characteristics and vibrations in whatever co-creating you choose to undertake. While it may feel like a challenging energy (in more ways than one!), the Indigo catalyst contribution channeled in creative, service-oriented focus will be a critical, foundational key to the successes possible for Earth, humanity, and beyond.